

7 Signs You Should Quit Your Job

1. You're miserable

- dread going to work, even when you're off
- watch the clock at work, wishing it would pass faster

2. You can't sleep

- thinking about work keeps you up at night
- have nightmares about work

3. You have anxiety/depression

- more irritable and on edge
- unhappiness has spread into other parts of your life

4. You hate your job duties

- you'd rather be doing something, *anything* else

5. You're bored

- the job doesn't challenge you
- you feel stuck/stagnant

6. Your unique strengths can't shine


- you know you're destined for greater things
- you feel unfulfilled/you long to pursue your passion

7. You have no work-life balance


- work consumes all your time
- you're stressed out, overwhelmed & need a break

10 Motivational "Quit Your Job" Quotes

"A ship is always safe at the shore but that's not what it's built for." -Albert Einstein




"Someday is a disease that will take your dreams to the grave with you." - Timothy Ferriss




"Choose a job you love and you will never have to work a day in your life. -Confucius



***"Whatever you can do, or dream you can, begin it; boldness has genius, power, and magic in it."
-Goethe***



"Once in a while, it really hits people that they don't have to experience the world in the way they have been told." -Alan Keightley



"Start where you are. Use what you have. Do what you can." -Arthur Ashe

10 Motivational "Quit Your Job" Quotes

"Never give up on a dream just because of the time it will take to accomplish it. The time will pass anyway. -Earl Nightengale

.....

"The only person you are destined to become is the person you decide to be."
-Ralph Waldo Emerson

.....

"First they ignore you. Then they laugh at you. Then they fight you. Then you win."
-Mahatma Gandhi

.....

"If you want to succeed in life, remember this phrase: That past does not equal the future. Because you failed yesterday, or all day today, or a moment ago, or for the last six months, the last sixteen years, or the last fifty years of life, doesn't mean anything. All that matter is: What are you going to do, right now? -Anthony Robbins